



THE COYOTE CALLER

Leisureland Residents Association

www.LRASD.us

Vol. 17 – Issue 04 ... January 2016

Leisureland Board Members

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This is a publication of the Residents Association and the Owners and Management are not involved in its publication. If you have questions or issues, you should address them to the officers of the association. Please do not take your concerns to the office. Contact the officers directly. Phone numbers are provided in this publication.

Mark you Calendars - LRA activities in February (all held in the Clubhouse)

February 1 st	Bingo night	6:00 to 8:00pm
February 6 th	LRA Pancake Breakfast	7:30 to 9:00am
February 11 th	LRA Board Meeting	6:30 to 8:00pm
February 13 th	LRA Birthday Bash	2:00 to 3:00pm
February 20 th	LRA Movie Night	4:00 to 6:30pm
February 24 th	LRA Game Night	6:30 to 8:00pm
February 27 th	LRA Potluck	5:00 to 7:00pm



Sharps Needles Program: (free and ongoing). Available to all LRA members who need to dispose of medical sharps (needles), etc. Call Jack (619-955-5026) or Mel (619-262-5512) to get a container or have a filled one picked up. Any medical sharps may be disposed of in these containers.

Profile of the Month



Jack L Ward
Space #63



Jack was born in San Diego and studied at Mesa College, then moved to El Centro to work as an Operating Room Tech. At 19 he was drafted into the US Army. Arriving in Vietnam in 1965 he trained as a Medic and fought with the 9th Infantry (Old Ironsides), that's him in his Army photo. Jack was shot in his left leg and spent the rest of his tour recuperating in Japan, he was honorably discharged in 1967.

After getting out of the Army Jack began working at Mercy Hospital in the Sterile Processing Dept., then transferred to Kaiser Permanente in 1969. Jack worked at Kaiser for the next 42 years, the first 20 years in Clinical Urology, then the next 22 in management, retiring at age 65. He made Leisureland his home in 1999.

Jack's hobbies include gardening, cooking, camping(in a hotel or motorhome) and road trips where he especially enjoys visiting the ancient sites of Rome.

Jack's philosophy of life is...
"live and let live"

Jack and Dennis have been together for over 26 years and happily married for 1 year. Dennis makes an excellent pork roast which he will bring to our next Potluck on Feb 27th. Jack is the current Vice President of the Leisureland Resident's Association.

**If you would like your profile featured in an upcoming issue,
please contact Marty Kosmicki #16, 619-850-0630**

Happy Birthday

The Birthday Ice Cream Social is on the 2nd Saturday of the month at 2:00pm. Please come support the residents who are celebrating their birthday.

January



Jack



Jesse



LRA Bulletin Board in clubhouse kitchen:
(ongoing). Find news, activities, resources, articles for seniors, etc.

FILL IN THE ATTACHED LRA MEMBERSHIP FORM AND JOIN IN THE FUN!

LEISURELAND RESIDENTS ASSOCIATION (LRA) MEMBERSHIP FORM

Dues are \$5 per space

Please enroll me in the LRA membership so I may be able to vote in the general meetings:

Name(s) _____ Date _____

Space # _____ Phone number _____ Email _____

General meetings take place in April and October of each year. Election of officers and Board members take place at these meetings and you must have your dues current to vote in the elections.

Deliver completed form and dues to the LRA President Linda Rupe, Space 2.

Be sure to check us out on our Facebook Page at:
www.facebook.com/LRA4U



January's Movie Choice

Dolphin Tale (2011)

Starring Morgan Freeman, Ashley Judd and Harry Connick Jr.

A story centered on the friendship between a boy and a dolphin whose tail was lost in a crab trap. In a side-story the boy's cousin lost the use of his leg in an Army mishap and his determination to become whole again was an apt metaphor for the dolphin to also overcome his handicap. The movie was a real tale of a tail...

Come and enjoy a movie at the clubhouse and vote on the movie to be seen...Be sure to bring your own refreshment

Free Nutrition Classes for our Park!

The Jacobs and Cushman San Diego Food Bank is offering to provide our residents a free **SIX-WEEK course** tailored to seniors nutrition, health and fitness. The classes would meet for **one hour per week** for 6 weeks in a row in the clubhouse kitchen. We need to know how many resident are interested before we commit. If you are interested, please call Linda Rupe @ 619-501-0290 for more information. These classes will not be scheduled for at least two months, but call now so we can reserve a time frame while the offer is still available.



SPECIALIZED TELEPHONES AVAILABLE - CapTel 800

Do you have a relative you don't call anymore because you can't be heard? Maybe that person could benefit from the California Telephone Access Program, which loans out specialized phone equipment for those with hearing problems. The program is state mandated and funded by a sur-charge on our telephone bills. Any California resident is eligible if he/she is certified by a physician as having an impairment that makes using a telephone difficult. The impairment doesn't have to be hearing; it could include vision, speaking and mobility problems, even memory difficulties. San Diego County has a service center, allowing interested San Diegans a chance to see what is available and work with a specialist to pick the most useful piece of equipment.

For details, visit www.ddtp.org or call (800) 806-1191.

The Service Center is located at 1455 Frazee Rd., Suite 406, San Diego 92108.

LRA POTLUCK

Sponsored by: The Leisureland Residents Association

Save this Date:

**Saturday, February 27, 2016
Time: 5:00 P.M.**

Location: Leisureland Clubhouse

**Please R.S.V.P. to Renee Hall, Spc#2 - (619)501-0290 to
let me know how many will be attending. There is a
sign-up sheet in the office
Let's start the New Year with lots of new faces!!
See you there.**

Food Bank for Seniors

Sherman Heights Community Center
2258 Island Av San Diego, CA 92102



This is the only Food Bank for Seniors in our zip code 92102 and it is on the **2nd Wednesday of the month at 9:00 AM**. To obtain a legal Food Bank Card you must show I.D. with the correct zip code.