

# Leisureland Board Members

President	Alice McKenzie	Spc 140	527-0355	<a href="mailto:alicefaye@cox.net">alicefaye@cox.net</a>
Vice-President	Jack Barringer	Spc 36	955-5026	<a href="mailto:jwbarringer@cox.net">jwbarringer@cox.net</a>
Recording Secretary	Fran Weekley	Spc 61	262-5512	<a href="mailto:fweekle@cox.net">fweekle@cox.net</a>
Treasurer	Bob Constantine	Spc 43	546-7080	<a href="mailto:tobyrice1@cox.net">tobyrice1@cox.net</a>
Director	Bill Babcock	Spc 108	206-5809	<a href="mailto:wa4lrm@gmail.com">wa4lrm@gmail.com</a>
Director	Mel Weekley	Spc 61	262-5512	<a href="mailto:mlweekle@cox.net">mlweekle@cox.net</a>
Director	Marty Kosmicki	Spc 16	583-2229	<a href="mailto:mgkpix@gmail.com">mgkpix@gmail.com</a>
Director	Larry Lindbloom	Spc 82A	962-6009	<a href="mailto:amscum@att.net">amscum@att.net</a>



## THE New COYOTE CALLER

Leisureland Residents Association

[www.LRASD.us](http://www.LRASD.us)

Vol. 16 - Issue 01 ... April 2015

This is a publication of the Residents Association and the Owners and Management are not involved in its publication. If you have questions or issues, you should address them to the officers of the association. Please do not take your concerns to the office. Contact the officers directly. Phone numbers are provided in this publication.

### 2014 LRA board achievements:

- LRA domain for web site re-established • By-laws update • [Dine in 2Nite meal delivery, shelved]
- Information bulletin board located in the kitchen created • Election of new officers • Pancake, eggs and sausage breakfast • Table game night • Sharps program • Medical equipment distribution • Solar energy presentation • Worked with management to have "objection form" revised to "concern form"
- New Membership Cards • Reminder call-back list • Distribution of birthday, anniversary and get well cards • New residents welcome gift bags • Host and social directors established • The purchase of a new advertising board sign which was placed at the park entry. • Federal and State tax filing.

### 2015 LRA board goals:

Beside the 2014 achievements a few of our goals for this year will be:

- A monthly birthday & anniversary ice cream social • Tea Party • Expanded membership activities
- Vial of life program • One time medication disposal program on June 8th between 10 and 11:30 AM
- Baked goods for the EMT responders • A variety of exercise programs such as hula hoop, bicycle riding, line dancing, shuffle board • An exercise class • Field Trips and • A Movie Night!

**If you have suggestions come to the general meeting** held April 23<sup>rd</sup> at 6:00 PM and present your ideas to the board. Residents that have paid their membership dues will have a chance to vote two board members into office. Remember your \$5.00 annual membership dues make all of the above possible, we "thank you".

### Leisureland Residents Association- General meeting

**All residents urged to attend. Thursday April 23, 2015, 6pm to 8pm in the clubhouse.**

**Special speaker:** Annabelle Kirkendahl from County – "Services available for Seniors"

**Special voting time** for Board Members: VOLUNTEERS needed for VP, Treasurer, Directors.

Candidates so far:

Vice-Pres (elect 1) - Jack Barringer

Treasurer(elect 1) – OPEN

Directors (elect 3) - Marty Kosmicky, Larry Lindbloom, Bob Constantine

**Sharps Needles program:** (free and ongoing). Available to all LRA members who need to dispose of medical sharps (needles), etc. Call Jack (955-5026) or Mel (262-5512) to get a container or have a filled one picked up. Any medical sharps may be disposed of in these containers.

FILL IN THE ATTACHED LRA MEMBERSHIP FORM AND JOIN IN THE FUN!

## LEISURELAND RESIDENTS ASSOCIATION (LRA) MEMBERSHIP FORM

Dues are \$5 per space

Please enroll me in the LRA membership so I may be able to vote in the general meetings:

Name(s) \_\_\_\_\_ Date \_\_\_\_\_

Space # \_\_\_\_\_ Phone number \_\_\_\_\_ Email \_\_\_\_\_

General meetings take place in April and October of each year. Election of officers and Board members take place at these meetings and you must have your dues current to vote in the elections.

**Deliver completed form and dues to the LRA President, Alice McKenzie, Space 140.**

### January's Birthdays



Alice, Jan 22, Pennsylvania



Miguel, Jan 22, Cuba



Ron W, Jan 3, New York



Ron T, Jan 19, Iowa  
with Virginia



Shirley, Jan 14, North Dakota



Linda, Dec 22, Escondido

**February's Birthdays** residents were unable to attend. Special thanks to Francisco #36 for the wonderful cakes.

**March's Birthdays** Hosted by Janet and Michael Scott.



Trish - Mar 17 San Diego native



Lavada - Mar 15 East Texas.



Cathy - Mar 23 Kentucky



Mel - Mar 16 Missouri

### April's Birthday



Bill - April 12 Oregon

### Our New Office Managers

Edward and Ofelia Vega are San Diego natives who had previously assisted at the Carman Ranch Mobile Home Park in Spring Valley. They were assistant managers for 14 years. **Please come by the office and met Edward and Ofelia.**





An **International Potluck** was held on Monday, February 16<sup>th</sup> at 6:00 PM in the Clubhouse. It was sponsored by our president, Alice McKenzie and hosted by Judy Zorn, Linda Rupe and Renee Hill. It provided a unique assortment of international delights such as: guacamole by Vickie Fernandez, Irish stew by Jim and Jean Shirley, tamale pie by Janet and Michael Scott, mole by Grace Palacios, corn beef and cabbage Larry Lindbloom and Sandra Sanchez, English Cottage Pie by Fran and Mel Weekley, chicken parmigiana and Tapia Ponce by Jack Barringer and Francisco, pancit (rice noodles) by Remie Villafurete,



brownies by Bill and Lorraine Babcock and George Zeigler, sushi by Marty Kosmicki, chicken macho supreme by Miguel Zulueta, eggplant parmigiana by Valerie Traina with support from her husband Alan Isaacs, lentil Indian soup by M. Teresa Santana, cookies Green Goo by Renee Hall and layer cake by Linda Rupe, Indian Chicken Biryani by Promilla Das, Spanish rice and cilantro by Ana Reyes, spaghetti w/ meat sauce and black olives by Patricia Winn and Wesley French, noodle and cabbage chili rellenos by Scott and Paula Palmer, Meat-Za-Pie by Nancy Tynning and Richard Lawrence, collard greens and corn

bread by Joyce and Ed Gibson, and finally apple sauce and pudding cake by Evelyn Sprague. Thank you for all of your delicious treats. While we were eating Richard sang "Jamaica Farewell" and "The Bird and the Bee", then Alan and Valerie got up and sang "Sunrise, Sunset". Some comments that I heard were: "Alice, Judy and Linda did a great job and I want more of these events" ... Victor Carreno. "Best event I've seen in several years" ... Jack Barringer. "I thought it was just great. I met a lot of very nice people and the international food was great" ... Diane and Caesar Benigino. A big thanks to the committee and all residents that participated making this a big success.



## Selma, Alabama March 2015

After singing for his dinner in the above mentioned performance, Richard, who had originally marched with Dr. Martin Luther King in 1965, flew to Selma, Alabama to join in the commemoration march. The following was published on March 30th by the San Diego Free Press.

*By Rev. Richard Lawrence*

March 7, 2015 is a Saturday that will live forever in the hearts of every freedom-loving citizen in the world who caught the news about the 50th Selma Jubilee March.

That day found me completely overpowered with emotions as my four grown kids and I pushed to stand as close as we could to the Edmund Pettus Bridge in Selma to hear our President speak.



I had marched in Selma in 1965, and I remembered the terror of being in a place where I was not wanted and

where the opponents of voting rights for Black Americans were uninhibited in demonstrating their first Amendment right to freely express their disdain for our cause and savagely denigrated us for our misguided choice of lovers.

.... Please visit our website at: [www.Irasd.us](http://www.Irasd.us) to read the entire article.

## Bring the Vial Of Life into Your Home

Your Basic Medical Information Can Save Your Life

This simple, FREE Vial of Life kit has saved hundreds of thousands of lives. "The Vial of Life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment."



The first thing first responders want to know is your list of medications. The difference between life and death when you've had a heart attack could be a copy of your previous EKG. When you can't speak for yourself, when you are confused, in pain or scared, the Vial of Life can speak for you.

### 1. Fill out the Vial of Life form

- Make blank copies of this form to keep your information current or maintain and store your updated information.
- Fill out the backside of the Vial of Life form. Answer all or any pertinent questions.

### 2. Place the decal on front of a plastic baggie



- Place the form you filled out in the plastic baggie.
- You may also consider placing the following items in the baggie.
  - Copy of EKG
  - Living Will or Equivalent
  - DNR (Do Not Resuscitate)
  - Recent Picture of Yourself



### 3. Place the baggie on refrigerator door

- Securely tape plastic baggie on the front of your refrigerator door.
- Place the decal on your refrigerator— this could be on the front or side of the refrigerator, whichever is easiest for EMS personnel to see and access.




### 4. Place the second decal on front door

- Place decal on the front door so it can be seen by anyone responding to an emergency.

In March the kits were distributed to all residents. Board member, Larry Lindbloom, volunteered to help residents fill out the Vial of Life form and keep their information updated.

**LEISURELAND RESIDENTS ASSOCIATION (LRA)**  
**Birthdate & Anniversary Form**

Please enroll me in the LRA birthday & anniversary card program:



\_\_\_\_\_ Birthday: \_\_\_\_\_  
Month Day

\_\_\_\_\_ Birthday: \_\_\_\_\_  
Month Day

\_\_\_\_\_ Birthday: \_\_\_\_\_  
Month Day

\_\_\_\_\_ Anniversary: \_\_\_\_\_  
Month Day

Space # \_\_\_\_\_ Optional Info: Phone number \_\_\_\_\_ Email \_\_\_\_\_  
(Attach a sheet or card if more space is required)

**Deliver completed form and dues to the LRA President, Alice McKenzie, Space 140.**

Meet other residents celebrating their annual event with cake and ice cream on the 2nd Saturday of the month at 2:00 PM.